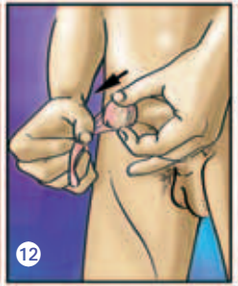
Te a manengee kon kaba, a mu puu en seefi fosi en sani saka.



Kenisi taki a sani wataa e fika a ini a kondow te a man e puu en sani.

Koko a kondow, da yu towe en a ini wan dotibaki (noyti yu mu towe en a ini wan kakapatu).

- Yu sa bay kondow na den gaan wenkii, na den aputeyki efu na den masini di e gi kondow
- Fosi yu koboloyki a kondow, luku efu a dey fu en a pasa (a abi en libi maliki). Noyti yu mu poti a kondow na peesi pe a san e kay
- A abi omen sowtu kondow : omen sowtu bigi, meke anga sumen.
- Na wan leysi namo yu mu wooko anga wan kondow. Ibii wan leysi, na wan nyun kondow
- Leti enke fa manengee abi en kondow, na leti so a uman pikin abi fu en tu. Da efu wan fu wi weli wan kondow a taawan a mu weli wan moo
- Noyti yu mu koboloyki ede fatu, botoo, nyanyan oli gi a kondow, a abi en apayti fatu.
- Efu yu a ben noyti weli wan kondow ete, a moo bun fu yu wanwan leli weli en fosi yu go na bedi anga wan taawan.

Efu yu wani sabi moo

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Yu sa telefon fu soso go na

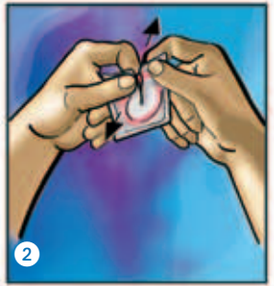
Sida Info Service
N° Vert 0 800 840 800 A nonbuu fu den na. Den e wooko dey anga neti. A de fanowdu gi den, fu sabi sama na yu. Yu a musu fu gi yu nen.
www.sida-info-service.org

Mouvement Français pour le Planning Familial
www.planning-familial.org
Den aliki sama, di wani puu bee, di wani koboloyki sani fu den a meke pikin ete anga den taa sowtu toli di de fanowdu anga sex.
A abi tu nonbuu, di yu sa telefon go fu soso :
N° Vert 0 800 803 803
N° Vert 0 800 105 105

3113-05107-DE - NENGE TONGO

Fa yu mu wooko anga a manengee kondow

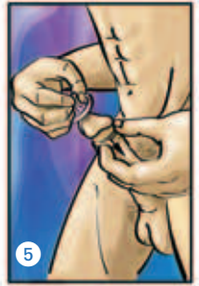
A manengee sani mu taanpu fosi



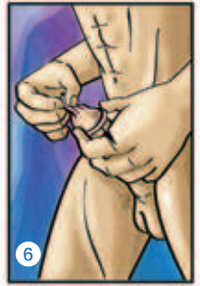
Fosi yu koboloyki a kondow, luku bun taki a dosu sikiifi CE Pii a kondow paki opo anga yu finga ma anga kenisi.

Luku bun anga yu nangaa. Na koboloyki tifi anga ala taa sowtu saapu sani di sa piiti, koti efu boo a kondow.

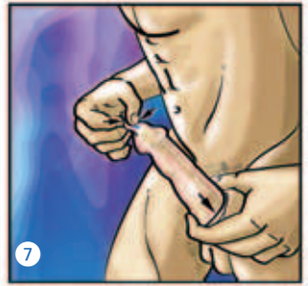
Luku bun taki yu e weli a kondow anga a bun se. Banda a ede fu en anga yu finga fu puu a winta di de a ini.



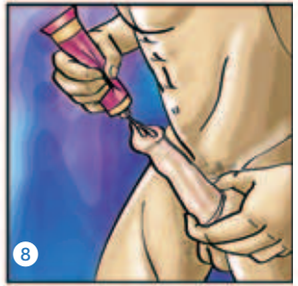
Efu yu na abi adokofo, yu mu ali a buba fu yu sani go anga baka fosi yu weli a kondow.



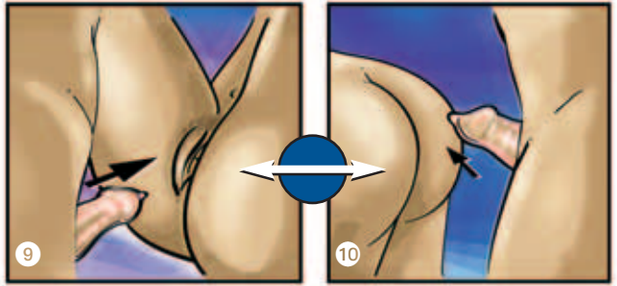
A ten di yu e banda a ede fu a kondow, yu mu e weli en.



Yu mu lolo ala a kondow na yu sani. Noyti yu mu weli tu kondow (a sa basi efu lolo komoto).



Efu yu wani, yu sa poti wan apayti fatu di meke anga wataa gi a kondow. Yu sa bay en, na aputeyki anga wenkii.



Efu yu wani, yu sa poti wan apayti fatu di meke anga wataa gi a kondow. Yu sa bay en, na aputeyki anga wenkii